

**DEVON MINOR HOCKEY ASSOCIATION
COVID-19 RETURN TO PLAY PLAN
20-21 SEASON**



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Outline

DMHA is committed to ensuring that the players have a rewarding and fun year in hockey. Part of that is a focus on the health and safety of the players and the community at large.

This plan has been developed to follow the direction of the Government of Alberta, Hockey Alberta and the Town of Devon. The Plan relies on the honesty, commitment and integrity of our members.

The plan is subject to change as new information and direction comes available. DMHA will work hard to keep the membership informed as to any changes and we encourage everyone to routinely look to the website (<http://www.devonminorhockey.com>) as well as the various social media sites for updates.

Please also review the Hockey Alberta “Return to Play” plan as it is a valuable resource for more information. (<https://www.hockeyalberta.ca/members/return-hockey/>)

Cohorts

The Government of Alberta has defined a Cohort for Sport teams and organization as a group of up to 50 people, and always the same people, that may interact with each other for sport and may not always maintain 2 meters of social distancing.

Cohorts may not mingle and people from outside the Cohort should maintain 2 meters of social distance when interacting with Cohorts.

The purpose of Cohorts is to limit the chance of infection spread as well as to aid in Contact Tracing should an person test positive for Covid-19. (See the section on Contact Tracing for more information)

Within the DMHA community the Cohorts shall be defined by age group and shall include the coaches and players in that group.

Initiation U7
Novice U9
Atom U11
Peewee U13
Bantam U15
Midget U18

No Player or Coach can be part of more than 1 Cohort. Coaches can participate at other practices as a “Social Distanced” Coach, however they can not be in the dressing room or benches and must maintain social distancing on the ice.

At this point there will be not affiliations outside of a players Cohort.

For more information please read the document linked below.

(https://www.hockeyalberta.ca/uploads/source/Return_To_Hockey/Appendix_7-Guidance_on_Cohorts.pdf)

Arena

The arena experience will be very different this year and DMHA members will be required to follow new guidelines set out by the Town of Devon for the use of the facility.

It is important that DMHA members follow closely the rules put in place by the Town of Devon.

Some of these rules as laid out to us by the Town of Devon include the following:

- No drop in activities available at this time. (no Public Skating)
- Hand sanitizer stations and disinfectant wipes will be placed throughout the arena.
- Dividers and distancing floor stickers will be placed throughout the arena.
- 50 participant maximum including players, coaches and officials.
- 100 spectator maximum in the facility.
- 2m social distancing needs to be maintained in the lobby, bleachers, dressing rooms and benches.
- All tables, chairs, benches, toys books etc. have been removed from the lobby to discourage gatherings. The television is also turned off.
- 2 dressing rooms per team will be required to maintain social distancing within the rooms.
- Dressing rooms will only be available 20 minutes before scheduled ice time begins, and must be evacuated 20 minutes following ice time conclusion.
- Showers in the dressing rooms will be off.
- Water fountain in the lobby will be turned off.
- Bleacher rows will be reduced to 2 instead of 4. 4 seats must be left empty between people to achieve social distancing. This will reduce our bleacher capacity to between 40-50 individuals/groups.
- Nothing can be left behind by user groups to be stored in the arena.
- Spitting or clearing nose without the use of a tissue are not allowed anywhere in the arena.

- Players are encouraged to arrive at the arena as dressed as possible for their ice use.
- If age appropriate, children should be dropped off and picked up whenever possible.
- 1 adult/guardian as a spectator in the arena per participant.
- Sibling should be left at home whenever possible to reduce capacity.
- Any children not participating in on ice activities must remain with parent/guardian at all times.
- 1 person allowed in the timekeeper's box at a time.

Please note that rules may be added or changed at any time at the discretion of the Town of Devon.

Coaches/Managers

Coaches and managers will be important participants in ensuring the success of this plan. We will rely heavily on your leadership to help ensure our members are as safe as possible. The executive of DMHA is here to support you and provide any guidance you may need.

- Be familiar with public health authority guidelines, and adhere to them.
- Be familiar with facility guidelines and requirements specific to the prevention of COVID-19.
- Keep a record of who is at practice for each day so Contact tracing may be done if necessary. (See section on Contact Tracing Below)
- Encourage participants to minimize their time in or around the facility. Have participants put on their shoes or skate guards so that they can leave quickly.
- Teams should not arrive to practice more than 20 minutes early.
- Ensure all team gear leaves the Arena after every practice.
- Remind players and parents to follow physical-distancing guidelines when leaving.
- Remind the players to keep the dressing room clean and ensure proper hygiene.
- Remind every player that they need to have their own water bottle. Water bottles must not be shared.
- Players should not shower at the facility.
- For age groups where parents need to assist players with equipment, limit the number of parents in the dressing room/change area at any one time to one per player. Parent entry should be controlled to meet physical-distancing requirements.
- Follow Hockey Canada guidelines for best practices related to on- and off-ice activities.

Players

Players will be expected to do their part to ensure the success of the plan.

- Players will know and follow the rules of DMHA and of the Arena
- Players shall stay within their appropriate Cohort and shall not move from Cohort to Cohort unless proper social distancing guidelines are maintained
- Players shall come to the rink no earlier than 20 minutes before the start of their ice time.
- Where possible players are encouraged to come dressed for practice.
- Bring your own water bottle.
- Do not share equipment or gear
- Players will leave the arena promptly after their ice-time. No lingering
- Players will not come to practice sick and will promptly leave practice if they start developing signs of illness
- Players will not come to practice if they meet the guidelines of self-isolation.

Parents

Parents are responsible for ensuring their children and athletes follow the rules of DMHA and of the Town of Devon.

- Please do not bring you child more than 20 minutes before the start of the ice time.
- Please ensure you leave the rink promptly after the ice time and do not linger in the facility
- Do not go into the dressing room without the approval of a team official (coach or manager) and limit time in the room to the minimum required
- Please ensure your child does not come to the facility when ill or if they have meet the standard for self isolation
- Please limit to one parent/family member per athlete when possible.
- Please ensure your child brings their own water bottle to practice.
- Please ensure your child does not share gear or hockey equipment.

Spectators

Spectators will be limited and we ask that parents limit who comes to view practices and scrimmages. At this point we recommend 1 parent per child. The arena will limit capacity to 100 people per session.

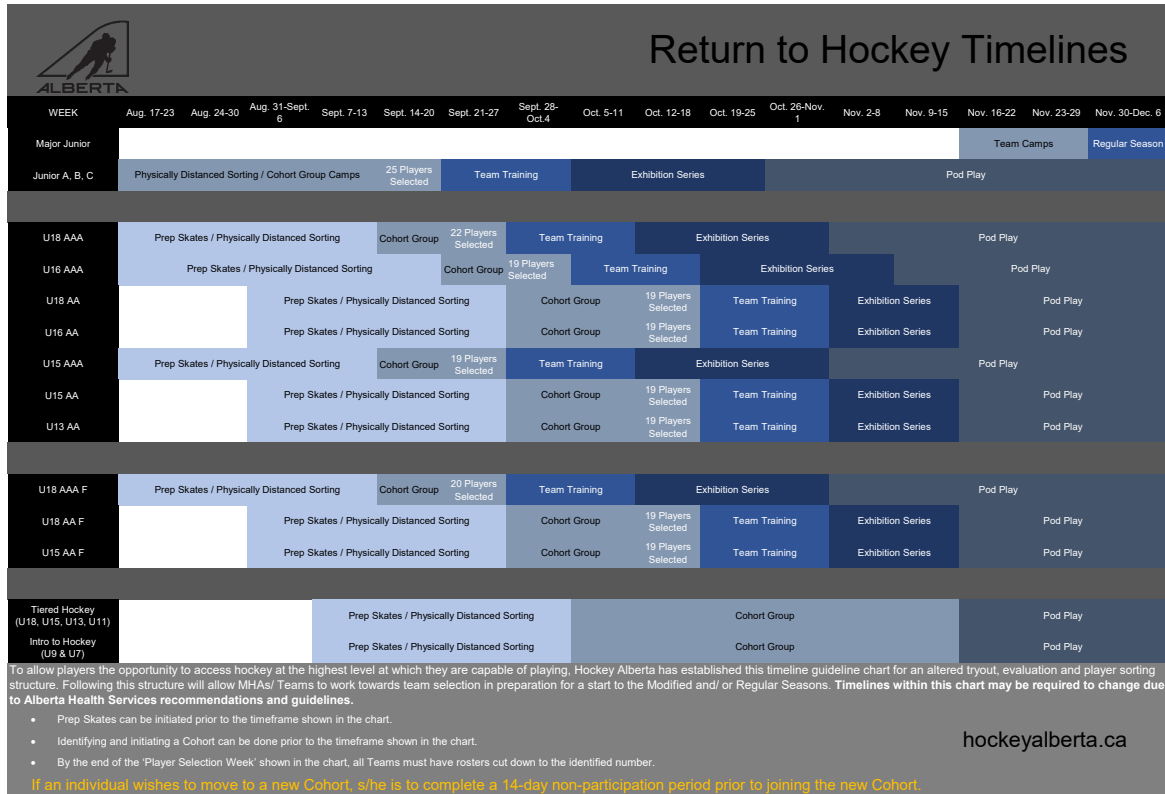
Contact Tracing

It is important that we are able to keep track of who is at practices and scrimmages on which days in case contact tracing becomes necessary. This will be done through the Team Snap app.

Coaches, managers, parents and players will all be responsible for ensuring the data in the app is correct.

Players should verify their attendance for practices at least 24 hours before when ever possible.

Hockey Alberta Return to Play Timelines



Appendixes

- <https://www.hockeyalberta.ca/members/return-hockey/>
- [https://www.hockeyalberta.ca/uploads/source/Return_To_Hockey/Appendix 7-Guidance on Cohorts.pdf](https://www.hockeyalberta.ca/uploads/source/Return_To_Hockey/Appendix_7-Guidance_on_Cohorts.pdf)
- [https://www.hockeyalberta.ca/uploads/source/Return_To_Hockey/Appendix 4-Daily Checklist.pdf](https://www.hockeyalberta.ca/uploads/source/Return_To_Hockey/Appendix_4-Daily_Checklist.pdf)